



TANGLEROOT

◆ *Steak House* ◆



APPETIZERS

CHEESE FRIES \$5.99

Crisp French Fries piled high & covered with melted cheddar jack cheese, crisp bacon, chives & then drizzled with our homemade ranch dressing.

BUFFALO WINGS \$7.99

Whoever said "Ain't no thing but a chicken wing" never tried a full pound & a half of our mouth watering chicken wings tossed in one of our signature sauces (Chipotle BBQ, Classic Buffalo, Teriyaki)

MOZZARELLA CHEESE STICKS \$7.99

Lightly breaded mozzarella cheese sticks served with our homemade marinara sauce.

STUFFED PORTABELLA MUSHROOMS \$7.99

Oven baked, giant Portabella mushroom caps filled with a creamy blend featuring Italian sausage, mozzarella, Parmesan & cream cheeses, complimented by a distinct blend of herbs & spices.

★ ONION RING TOWER \$6.99

Our golden fried onion rings stacked tall & served with your choice of our homemade ranch dressing or racy garlic dipping sauce.

QUESO DIP & HOMEMADE SALSA \$5.99

A unique blend of cheese & spices, served with warm fiesta tortilla chips & a cup of our legendary homemade salsa.

CREAMY SPINACH DIP \$7.99

A creamy blend of cheese, spinach & spices served with our crisp fiesta tortilla chips.

TOASTED RAVIOLI \$7.99

A St. Louis tradition, deep fried ravioli served with hot homemade marinara sauce.

CLASSIC TATER SKINS \$7.99

Fresh potato skins deep fried & loaded with cheddar & jack cheese, bacon & chives, served with a side of sour cream. Add beef for \$1.50.

LOBSTER RANGOON \$8.99

Succulent Lobster mixed into a cream cheese blend wrapped in a wonton and deep fried to a beautiful golden brown. Served with a tangy sweet & sour sauce.

★ FRIED PICKLES \$6.99

While Northerners may giggle at this Southern favorite, we proudly serve dill pickle spears lightly breaded and deep fried to a golden brown.

COLOSSAL NACHOS \$8.99

Fresh tortilla chips smothered with seasoned beef, refried beans, cheese sauce, tomatoes, black olives and jalapeños. Topped with sour cream, guacamole & homemade salsa.

CYNDI'S BBQ NACHOS \$8.99

A variation on a theme, this creation starts with fresh fried potato chips & Queso, then piles on succulent smoked pulled pork & fried onion straws, sour cream, chives, tomatoes and our house BBQ sauce drizzled over the top. It's kind of a big deal!

BONELESS TENDERS \$7.99

Tender strips of chicken breaded & deep fried golden brown & tossed in Buffalo sauce, served with your choice of honey mustard or homemade ranch dressing.

BAVARIAN PRETZEL STICKS \$5.99

A basket of Bavarian style pretzel sticks steaming hot from the oven served with our Queso cheese sauce for dipping.

MAKE RESERVATIONS ONLINE AT
WWW.TANGLEFOOTSTEAKHOUSE.COM

★ TANGLEFOOT FAVORITES

HOMEMADE SOUPS & FRESH SALADS

SLOW SIMMERED HOMEMADE SOUPS

★ HOMEMADE POTATO SOUP

Made fresh daily, our signature soup is a rich, creamy blend of potatoes, bacon & cheddar cheese topped with crumbled bacon and chives. Cup \$2.59 Bowl \$3.99 Quart \$6.99 Gallon \$14.99

SOUP OF THE DAY

Please ask your server about our delicious homemade soup of the day.

CHEF SALAD \$8.99

A classic! Sliced ham, turkey, our fresh homemade croutons, cheddar, Swiss, egg and tomato served on a bed of mixed greens & served with your choice of dressing.

★ STEAKHOUSE SALAD \$9.99

Crisp iceberg lettuce topped with thinly sliced steak, fried portabella mushrooms & onion rings, served with our Parmesan Peppercorn Ranch dressing.

CHICKEN SALAD \$9.99

Fresh mixed greens topped with your choice of tender slices of grilled chicken breast or golden fried chicken tenders, tomatoes, sliced egg, shredded cheddar & jack cheese; then topped off with our amazing homemade croutons & your choice of dressing.

GRILLED CAESAR SALAD \$9.99

Grilled chicken placed atop crisp romaine lettuce, tossed with our creamy Caesar dressing, fresh homemade croutons & Parmesan cheese.

CLASSIC TACO SALAD \$9.99

Back by popular demand! Your choice of seasoned ground beef or grilled chicken served over mixed greens, black olives, diced tomatoes, jalapeños, grated Monterey jack & cheddar cheese surrounded with fresh tortilla chips served with a side of sour cream & our legendary salsa upon request.

DRESSING CHOICES:

RANCH, HOUSE, BLEU CHEESE, PARMESAN PEPPERCORN RANCH, 1000 ISLAND, HONEY MUSTARD, OIL & VINEGAR, LOW FAT RANCH & LOW FAT CATALINA.

HEALTHIER OPTIONS

SKINNY CHICKEN \$10.99

5 oz grilled chicken breast, baked potato with salsa, & your choice of steamed broccoli or a small house salad.

GRILLED TILAPIA \$9.99

6 oz tilapia fillet topped with pico de gallo & served with long grain and wild rice, & your choice of steamed broccoli or a small salad.

PETITE SIRLOIN \$13.99

6 oz sirloin served with steamed broccoli & a small house salad.

WHOLE WHEAT CHICKEN SANDWICH \$8.99

5 oz boneless, skinless chicken breast served on Whole Wheat with Grey Poupon, lettuce, tomato & onion, served with your choice of steamed broccoli or a small house salad.

BISON BURGER \$10.99

A tasty alternative, 98% Fat Free bison burger with lettuce, tomato & onion; served with your choice of steamed broccoli or a small house salad.

ALMOST FAMOUS STEAKS

All steaks are served with a loaded baked potato & side salad unless otherwise noted.

**Not responsible for well done steaks.*

CHOPPED STEAK \$13.99

Know what the best part of cutting our own steaks is? Trimmings! We take all those trimmings & turn them into an amazing chopped steak covered with sautéed mushrooms & onions then smothered in brown gravy! Served with mashed potatoes & brown gravy.

TOP SIRLOIN \$17.99

Our Hearty, USDA choice cut top sirloin is 10 oz of mouth-watering goodness dusted with our signature steak spice, & grilled to your specification.

RIBEYE \$19.99

Our hand cut 12 oz ribeye is the most popular, juiciest, steak on the menu. Meat from the rib section is tender & very well "marbled". This marbling makes ribeye steaks especially tender & flavorful.

★ TANGLEFOOT FILET \$19.99

Our hand cut filet is the most tender, exclusive cut we offer. Perfect for any occasion! Treat yourself!

PETITE SIRLOIN \$13.99

Our 6 oz Sirloin is just enough for light eaters. Grilled to your specification.

FLAT IRON STEAK \$18.99

Cut from the top blade, second only to the Filet in tenderness, our 10 oz Flat Iron steak will melt in your mouth. Seasoned with a simple blend of spices & grilled over an open flame.

NEW YORK STRIP \$19.99

This 12 oz strip steak is cut by hand from the strip loin, a muscle that does little work and so is particularly lean & tender.

T-BONE \$24.99

Our 16 oz T-Bone is the perfect combination of a tender filet and strip steak in one! We dust it with our signature seasoning, then char-grilled to perfection!

★ CHICKEN FRIED STEAK \$13.99

Just like Mom used to make. Breaded and fried then covered in country gravy. Served with mashed potatoes.

CHIPOTLE BUTTER SIRLOIN \$14.99

This amazing flavor combination consists of our 6 oz sirloin grilled to your specification & topped with a dollop of fresh made Chipotle butter that melts as you eat.

SIRLOIN AND WHITE ONION CREAM SAUCE \$15.99

Our succulent 6 oz Sirloin smothered in a creamy butter & onion sauce with a hint of bleu cheese. You have to try one to believe tasty it is!

CREAMY ALFREDO AND SHRIMP SIRLOIN \$16.99

It's pretty simple really; we grill a 6 oz sirloin to your specification then, top it with jumbo grilled shrimp & cover it all with our homemade Alfredo sauce. Simple, but delicious!

SIDES

ALL SIDE DISHES MAY BE PURCHASED A LA CARTE FOR \$2.50

BAKED BEANS
MIXED VEGETABLES
STEAMED BROCCOLI
CORN
HOUSE SALAD

BAKED POTATO
TWICE BAKED POTATO CASSEROLE
FRENCH FRIES
POTATO SALAD

GREEN BEANS
ONION RINGS
MASHED POTATOES WITH GRAVY
LONG GRAIN & WILD RICE
SWEET POTATO FRIES

DRINKS

COKE, DIET COKE, SPRITE, MELLOW YELLOW, BARQ'S ROOT BEER, PIBB EXTRA, SWEET TEA, RASPBERRY TEA, MINUTE MAID LEMONADE

Consuming raw or undercooked products may increase your risk of foodborne illness.

ENTRÉE'S

All entrees served with your choice of baked potato or two sides unless otherwise noted

★ **ALMOST FAMOUS PORK STEAK** \$13.99

Our succulent 16 oz pork steak is marinated overnight in our own blend of herbs & spices, then simmered in a Smoked Porter for hours before finally hitting our char broiler to be finished off with smoky barbeque sauce!

SMOKY PORK RIBS \$14.99

A half rack of our specially smoked St. Louis Style ribs, slow cooked for falling off the bone tenderness, covered in barbeque sauce.

CAJUN GRILLED CHICKEN \$10.99

Grilled skinless breast of chicken dusted with our own Cajun Blackening seasoning & topped with melted Monterey Jack cheese.

SMOTHERED CHICKEN \$10.99

Grilled skinless breast of chicken smothered in sautéed onions, green peppers, mushrooms & melted Monterey Jack cheese.

FRIED CHICKEN TENDER PLATTER \$10.99

Battered and fried chicken tenders with barbeque sauce for dipping.

GRILLED TILAPIA & JUMBO SHRIMP \$15.99

A winning combination of light & flaky freshwater Tilapia & Jumbo Shrimp grilled to perfection.

FRIED CATFISH \$11.99

Southern style deep fried catfish fillet's served golden brown with T's homemade potato salad. Try it grilled with your choice of lemon pepper or blackened seasoning!

★ **OLD #7 GRILLED SALMON** \$12.99

Jack Daniels bourbon glazed salmon char broiled.

STEAK POT PIE \$8.99

Handmade pie with fresh cuts of beef & garden vegetables in a savory sauce, topped with a light flaky crust; served with a fresh house salad.

JUMBO BUTTERFLIED SHRIMP \$13.99

A generous portion of Jumbo Butterflied Shrimp bread & deep fried to a golden brown.

GRILLED SHRIMP \$14.99

Ten Jumbo Shrimp, grilled to perfection with your choice of garlic butter & house seasoning or blackened seasoning

PASTAS

All pastas served with fresh garlic bread

CAJUN CHICKEN FETTUCINI \$11.99

Tender fettuccini pasta tossed with tender strips of blackened chicken & our homemade Cajun Alfredo sauce.

★ **NEW ORLEANS PASTA** \$11.99

Fresh pasta topped in our Creole red sauce with flame roasted red & yellow peppers, sweet red onion, smoked Andouille sausage and Jumbo Shrimp.

PASTA CON BROCCOLI \$11.99

Tender pasta tossed with garden-fresh broccoli & mushrooms with diced ham & our homemade Alfredo sauce.

BUFFALO CHICKEN PASTA \$11.99

Fried chicken tenders coated in our signature Buffalo Hot sauce & tossed with fresh spiral pasta & our cheesy homemade Alfredo sauce. It's like Mac & Cheese for grownups!

AMBER'S CHICKEN NAPOLITANA \$11.99

Spiral pasta noodles tossed in our own unique cheesy marinara herb sauce & topped with fresh flame grilled chicken breast. Simply amazing!

★ **TANGLEFOOT FAVORITES**

Consuming raw or undercooked products may increase your risk of foodborne illness.

INQUIRE ABOUT OUR CATERING

SANDWICHES & BURGERS

Sandwiches & burgers are served with fries.
Substitutions are available for an additional charge.

PATTY MELT \$7.99

½ lb. juicy hamburger topped with melted Swiss cheese & sautéed onions.
Served on grilled marbled Rye bread.

BISON BURGER \$10.99

98% Fat Free, a healthy alternative burger served with lettuce, tomato, onion & pickle.

★ **PORTABELLA SANDWICH \$7.99**

We grill a Portabella Mushroom in pureed garlic, top it with Mozzarella cheese & Pesto Mayo & serve it on a Kaiser roll with fresh lettuce, tomato, & red onion.

LITTLE ITALY STEAK SANDWICH \$9.99

Our 6 oz marinated Sirloin is coated in Italian bread crumbs, char-grilled then topped with seared sweet red & yellow peppers & melted Mozzarella cheese!

CHEESEBURGER \$6.99

Tanglefoot's ½ lb. hamburger served with lettuce, tomato, onion & pickles with your choice of American, Swiss, cheddar or Monterey Jack cheese. Add bacon \$1.00

MUSHROOM SWISS BURGER \$7.99

½ lb. juicy burger topped with mushrooms & Swiss cheese, served with lettuce, tomato, onion, pickles & mayonnaise.

BIG KAHUNA BURGER \$7.99

"Now this is a tasty burger". Our juicy ½ lb. burger topped with a pineapple wheel, Swiss cheese and teriyaki glaze.

TANGLEFOOT CLUB \$7.99

Piled high with ham, turkey, crisp bacon, lettuce, tomato, mayo & cheddar cheese served on your choice of marbled rye, sourdough or whole wheat bread.

PULLED PORK SANDWICH \$7.99

Tender pulled pork piled high on a fresh Kaiser roll, topped with cheddar cheese.

GRILLED CHICKEN \$7.99

Tender grilled chicken breast topped with crisp lettuce, tomato & your choice of Honey Mustard or Chipotle Mayonnaise.

BUFFALO RANCH CHICKEN SANDWICH \$7.99

Battered and fried chicken breast, tossed in our buffalo sauce, topped with lettuce, tomato & ranch.

CAJUN CHICKEN SANDWICH \$7.99

Marinated chicken breast dusted with our own Cajun spices, topped with jack cheese & chipotle mayo.

PHILLY CHEESESTEAK SANDWICH \$7.99

Thinly sliced beef piled high and covered with mozzarella cheese, sautéed green peppers & onions, served on garlic toast.

★ **BLACKENED PRIME RIB SANDWICH \$10.99**

6 oz. cut of slow roasted prime rib, rubbed with our special spices & served on garlic toast.

BLT SANDWICH \$7.99

Crisp bacon, fresh lettuce, tomato & mayonnaise served on grilled Texas toast.